



The Julian of Norwich Center

St. Bede's Episcopal Church



Offerings

- **Individual Spiritual Direction**

Appointments may be scheduled for a meeting with the spiritual director. Meetings usually occur once a month for an hour to an hour and fifteen minutes.

Fee: \$60-\$90 per meeting

- **Contemplative Living Group**

The Center offers an 8-month, bi-monthly group to introduce centering prayer and the contemplative journey.

Fee: \$50 per meeting

- **Quiet Days**

Advent and Lenten Quiet Days are offered each year.

Fee: \$30

- **Other Offerings**

The spiritual director is available to teach classes and to lead quiet days and contemplative retreats for other churches.

Fee: \$75-\$100 per contact hour

